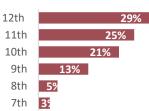
## CONSUMPTION



Marijuana use among adult Mainers steadily increased over the past several years. In 2018-19, the highest past month rate of marijuana use among adults was observed among 18 to 25-year-olds (35%).<sup>1</sup>

About 17,000 Mainers 12 years and older reported using marijuana for the first time in their life in 2018–19. Six thousand initiates were between 12 and 17; representing a 20% increase from 2017-18.<sup>1</sup>

In 2019, past month marijuana use among students increased with grade level. Rates nearly triple from 8<sup>th</sup> grade (5%) to 9<sup>th</sup> grade (13%).<sup>2</sup>





Marijuana use among women in their third trimester of pregnancy has remained stable since 2016; one in 10 reported using marijuana during their third trimester in 2019.<sup>3</sup>

## **CONSEQUENCES**

In 2020, there were 5,625 marijuana related emergency department visits; a 21% increase from 2019. Rates were disproportionately higher for males and Mainers ages 18 to 25.4



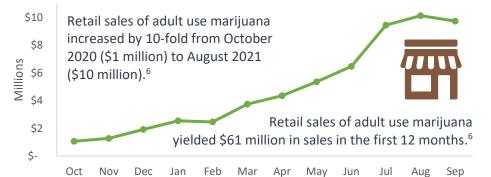


The number of poison center calls in Maine related to exposure of cannabis products among those 5 years old and under increased 10-fold from 2016 (2 calls) to 2020 (23).<sup>5</sup>

National Drug Use and Health Survey\* Pregnancy Risk Assessment Monitoring <sup>6</sup> Office of Marijuana Policy Survey\*

<sup>4</sup> Maine CDC Syndromic Surveillance <sup>2</sup> Maine Integrated Youth Health Survey<sup>\*</sup> <sup>5</sup> Northern New England Poison Center 7. US Surgeon General

## **CONTRIBUTING FACTORS**

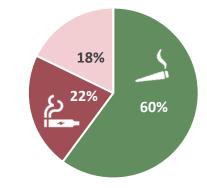


In 2019, only about one-third of high school students felt smoking marijuana once or twice a week was risky and more than half believed that marijuana is easy to obtain in 2019.<sup>2</sup>

As the brain and body continue to develop until age 25, research suggests marijuana use in youth may impact a variety of health and social issues.<sup>7</sup>

> Maine Adult Use Marijuana **Retail Sales, by Product Type**

In the first year of retail sales of adult use marijuana, 60% of sales were for usable marijuana (e.g., bud, flower, joints), followed by marijuana concentrates (e.g., oil, vape products, wax) at 22%, and infused products (e.g., edibles, drinks, topicals) at 18%.6



Usable Marijuana Concentrate Infused Product

This fact sheet is a product of the Maine State Epidemiological Outcomes Workgroup (SEOW) For more info, visit www.maineseow.com